

Overnight Packing List

Clothing

✓	Item	3 days	5 days
<input type="checkbox"/>	Underwear	4	6
<input type="checkbox"/>	Pajamas	1	2
<input type="checkbox"/>	T-Shirt	4	6
<input type="checkbox"/>	Shorts	2-3	3-5
<input type="checkbox"/>	Long Pants	2	3-5
<input type="checkbox"/>	Sweatshirt	2	3-5
<input type="checkbox"/>	Coat (if needed)	1	1
<input type="checkbox"/>	Raincoat	1	1
<input type="checkbox"/>	Hat/Sunglasses	1	1
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

Footwear

✓	Item	3 days	5 days
<input type="checkbox"/>	Socks	4	6
<input type="checkbox"/>	Wool or Synthetic Hiking socks	1	2
<input type="checkbox"/>	Sandals w/ heel strap	1	1
<input type="checkbox"/>	Sneakers	1	1-2
<input type="checkbox"/>	Hiking shoes (or spare sneakers to get dirty)	1	1
<input type="checkbox"/>			
<input type="checkbox"/>			

Personal

✓	Item	3 days	5 days
<input type="checkbox"/>	Toiletries	1	1
<input type="checkbox"/>	Towel	1	1-2
<input type="checkbox"/>	Bug Spray	1	1
<input type="checkbox"/>	Sunblock	1	1
<input type="checkbox"/>	Day Pack	1	1
<input type="checkbox"/>	Water Bottle	2	2
<input type="checkbox"/>	Flashlight/Headlamp	1	1
<input type="checkbox"/>	Book or Journal (Optional)	1	1
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

Bedding

✓	Item	3 days	5 days
<input type="checkbox"/>	Sleeping Bag or Blanket	1	1
<input type="checkbox"/>	Fitted Sheet	1	1
<input type="checkbox"/>	Pillow	1	1
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

