



Massage/ Body Treatments/Skincare/Facials Service Menu

Exclusive rates for Mountain Valley Guests

Therapeutic Massage: 60 min: \$80 or 90 min: \$120 Focused bodywork to create a session tailored to your needs. Great for strained muscles, muscle injury, and chronic stress.

Deep Tissue Massage | 60 min: \$80 or 90min: \$120 Firm pressure massage designed to release the deeper layers of muscle tissue, tendons, and fascia to improve flexibility and range of motion.

Hot Stone Massage | 60min: \$90 or 90min: \$130 Smooth, polished basalt lava stones are heated and placed strategically on areas carrying stress. The stones are then used as an extension of the therapist's hands to penetrate deep into the muscles for maximum muscle relaxation. This ultimate, luxurious therapy eases tension and loosens fatigued muscles.

Swedish Massage | 60 min: \$70 or 90min: \$110 This classic soothing & comforting massage reduces stress, improves circulation, and overall well-being.

Prenatal Massage | 60min: \$95 This session addresses the special needs of women who are expecting! This massage helps alleviate back and leg pain, reduce swelling, diminish anxiety and stress, improve mood and lift depression, and ease insomnia.

Body Exfoliation Treatment | Approx. 50min: \$95 A salt scrub is applied to the skin as an exfoliant, removing dead skin cells and encouraging cell turnover and better blood circulation. Hydrate and remineralize the skin while strengthening the immune and lymphatic systems. Scrub is removed with steamy hot towels.

Soothing Soles | Approx 45min: \$65 The ultimate foot treatment! Relax & enjoy while your feet soak in a luxurious vitamin e & lavender salt bath. Callus care, followed by exfoliation. Your feet will then be pampered with a foot reflexology massage & a foot mask treatment!





Gentlemen's Custom Facial | 60 minutes: \$100 This facial is tailored specifically to the needs of your skin type and concerns. It includes deep cleansing, exfoliation, extractions, and a masque that is suited to your needs.

Express Facial with Eye Contouring Treatment | 30 minutes: \$65 A hydrating eye treatment that helps in minimizing fine lines, wrinkles, mila, crow's feet, puffiness and dark circles. Cleansing, gentle exfoliation of the area, massage, cold pack, and re-hydration.

O2 Lift Facial Treatment | 60 minutes \$95 Brings clients' dull skin back to life with this luxurious oxygenating treatment that refreshes and revitalizes for a radiant glowing appearance.

Hydro Dermabrasion Facial | Approx 75 minutes \$150 Restores the skin and renews hydration by removing layers of dead skin through Ultrasonic exfoliation + microdermabrasion techniques and ion assisted oxygen + serum infusion. This is a unique and transformative facial treatment that combines the healing power of water and oxygen to gently exfoliate and hydrate the skin. It is a complete facial that is a safe, effective and a non-invasive way to achieve healthy, revitalized and glowing skin instantly.

Signature Facial | 60 minutes \$100 A custom skincare experience with carefully selected products, ingredient infusions, and a mix of treatments that are targeted to address your unique skin concerns. Unlike generic facials, our signature facials are customized designed to provide just the right care for your specific skin type. Our Signature facial treatment will help to deeply cleanse, exfoliate and hydrate skin while preventing blemishes, to improve softness and appearance.

Clarifying Back Treatment | 45 minutes: \$95 A thorough cleansing and exfoliation of the back followed by a detoxifying mask and massage. Completing this treatment is a re-hydration of the skin customized just for you.

Waxing

- Eyebrows: \$18
- Eyebrow Tinting: \$25
- Lip: \$15
- Chin: \$15
- Back: \$60
- Bikini: \$55
- Brazilian: \$70
- Under Arms: \$25
- Leg Full: \$95
- Leg Half: \$55



Paraffin Wax (Add-On Treatment)

Paraffin Wax aids in removing dead skin cells, while soothing and softening calluses on the hands, feet, and elbows along with healing the dry cracked skin on the heels of the feet.

- Hands - \$15**
- Feet - \$20**
- Elbows - \$15**